

# FOREST PARK RUNNERS CLASSIC 4 MILE ROAD AND TRAIL RACE IN MEMORY OF ALFRED HARTL



# SUNDAY MAY 24, 2020 AT 10:00 AM-RAIN OR SHINE

This Race is held to Fund Research for Childhood-Pediatric Cancers

# DATE, TIME & LOCATION:

Sunday, May 24, 2020

Victory Field Track located at corner of Woodhaven Blvd. & Myrtle Ave. in Queens, NYC.

- Bib Pickup
- Race Day Registration
- Baggage Check

from 7:45 AM until 9:45 AM.

Race Starts: 10:00 AM

## **ENTRY FEE:**

Pre-entry \$25.00.

Online registration closes Saturday, May 23 at noon. Mailed-in applications postmarked by Monday, May 18. Race day \$35.00 until 9:45AM.

#### T-SHIRT:

Guaranteed to pre-entrants. Race day entrants, while supplies last

## **POST-RACE:**

REFRESHMENTS FOR ALL RUNNERS:

Bagels, Apples, Bananas, Gatorade

# NOT PERMITTED: Strollers, Baby Joggers, Roller Blades,

Baby Joggers, Roller Blades, Skates, Skateboards, Bicycles, Pets

#### GO TO OUR WEBSITE:

#### www.forestparkrunners.org

Get directions, race results, race photos, downloadable application.

• Online registration at www.RunSignup.com

#### **COURSE:**

4 mile out and back loop through and around the beautiful trails and roads of Forest Park. Start and finish on the track at Victory Field. Split times at each mile. Multiple water stops along the course and at start-finish.

## **RAFFLE:**

Gifts and gift certificates will be raffled off at the end of the race.

Must be present to win.

#### **PARKING:**

- At Forest Park Bandshell lot
- Local Streets, arrive early

# **Public Transportation;** Subway:

• J to Woodhaven Blvd.

## **Buses:**

- Woodhaven Boulevard Q11, Q21, Q52/Q53 SBS
- Myrtle Ave Q55
- Jamaica Ave Q56

#### **AWARDS & TROPHIES:**

- \$100.00 CASH plus trophy to 1st Overall M/F
- \$75.00 CASH plus trophy to 2<sup>nd</sup> Overall M/F
- \$50.00 CASH plus trophy to 3rd Overall M/F
- TROPHY to 1<sup>st</sup>, 2<sup>nd</sup>, 3rd Age-Group M/F

**Age** groups are: 14 and under,15 to 19, 20 to 29, 30 to 39, 40 to 49, 50 to 59, 60 to 69, 70 and over.

No duplication of awards.

#### SPONSORS:

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- Ridgewood Savings Bank
- Ohlert-Ruggiere, Inc.
- Cross-Fire Security
- Grimaldi Home of Bread
- Sonny's Collision
- Antonio Gallo, Teresa Gallo & Assunta Reda
- Spyros Tsoumpariotis, DPM Podiatrist
- State Farm, Robert Larson Woodhaven
- St. Anne's #2429 Knights of Columbus
- Maspeth Federal Savings

# **Chip Timing and Race Results:**

Finish Line Road Race Technicians, David Katz, www.flrrt.com

#### For further information contact:

Forest Park Runners Club:

E-Mail: info.forestparkrunners@gmail.com

Phone: Frank (718)-296-4015





Make checks payable and mail to:
Forest Park Runners
P.O. Box 210321
Woodhaven, N.Y. 11421

T-Shirt - Circle One

May 24, 2020

Official use only

Last Name (Please Print)	First Name	Age	Sex	Date of Birth
Street Address	City	State		Zip

-Mail Address Club Affiliation Phone

In consideration of the foregoing, I the undersigned, for myself, my heirs, my executors, and administrators, waive and release any and all rights and claims for damages I have against the Forest Park Runners Club, the City of New York Parks & Recreation, and the above named sponsors and any and all sponsors, their representatives and successors, as a result of my participation in the Forest Park Classic 4 mile Road & Trail Race. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to use any photographs, motion pictures, video tape, recordings, or any other record of the event for any legitimate purpose.